

He Didn't Leave It a Mystery

Pills, escapism, exercise and more—
are all ways to cope with stress that arrives at our
door.

But you can choose to be free from the pressures and
the stress
by reading the Bible and daily laying upon His chest.

On His bosom place your aching head.
Take deep breaths and believe all He's said.

Believe, believe, believe, believe, I say again.
Open His Word. Ingest. Take It all in.

Within Its pages there is lots to know.
True peace comes when you're in God's will and
continuing to grow.

The stress of this life can make us all so ill.
Or, we can put our trust in God's promises and prohibit
the liar to steal

our faith, peace, goodness and joy.
Overcoming tension and heartache requires us to employ

what we knew all along:
by following the Bible we can never go wrong.

Poem by Alicia Hill-Thompson visit www.YouShallPrevail.com for
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